

# Dear Parent,

Thank you for contacting Midcourse Correction about our weekend Challenge Camp program. We look forward to working your son or daughter and embarking on the journey to personal, social, and spiritual growth and anticipate their success.

Challenge Camps are scheduled twice a month throughout the year. The cost of camp is \$495, payable only to Midcourse Correction. If you need to set up a payment plan or would like scholarship information, please contact our office. To enroll your son or daughter, please send or email the completed registration forms, along with payment made payable to Midcourse Correction. Please refer to our Registration page for our cancellation policies. We accept Visa, MasterCard, and Discover cards and phone payments.

Enclosed you will find a description of the Midcourse Correction Challenge Camp program, a detailed list of what to bring, and the address to Our Lady of the Fields Camp and Retreat Center, our camp site.

Before sending your child's registration form and payment, please call to complete a phone screening for your child. This interview ensures your child is a good fit for our program.

Please note the following times before arriving at Challenge Camp.

- Registration takes place Friday between 6:00-6:30 p.m. on the weekend you selected for your child. Please plan to attend a short orientation between 6:45 and 7:15 p.m.
- Midcourse Parenting seminar is at 1:00 p.m. on Sunday. This session is highly recommended to ensure the success of your child's participation in the program. It is for all parents and family members who support your child daily.
- Graduation and pick up is at 3:15 p.m. Sunday. If someone other than a legal parent or guardian will pick up your child, we will need a signed note from you on Friday.

Thank you for inquiring about Midcourse Correction.

Belay On!

**Bob Miller Executive Director** 





### **Program Brief**

Midcourse Correction runs an outdoor challenge camp for kids at risk. Our lead staff members have over 30 years of experience in various youth programs. Our primary objective is to help campers develop self-efficacy and a more complete understanding of the impact their choices have on themselves and others.

The program is an intense and highly structured 46-hour training, implementing tools such as calisthenics, high adventure ropes courses, drill and ceremony, marching, and teamwork initiatives. Our supervisors run a lecture series, which includes videos, throughout the weekend and cover the following topics:

# **CANCELLED LIVES**

This session examines life inside juvenile detention, jail, and prison facilities. We use this as an opportunity for participants to encourage consider potential consequences of current behavior and decision-making.

### What's to Become of Me

This session discusses how all choices have consequences on our future. We emphasize the need to develop the mental, physical, social, and spiritual areas of our life to become a balanced person.

# Life on the Wire

This creative session is designed to show how positive and negative decisions have impacted participants' lives. We also examine the impact outside sources have had in our lives, such as family and friends.

### TRUE COLORS

Campers take a personality assessment in this session. We use the results to discuss and reflect on who we really are instead of who we seem to be.

# What You Believe is not What You Think

This session focuses on how our actions reveal what we believe to the world. It is crucial that our actions align with what we say, believe, and value, otherwise, we have only succeeded in fooling ourselves.

# Does It Really Work?

Livingston County gave Midcourse Correction 46-Hour Basic Training a 93% success rate. The skills and confidence they will gain over the weekend can change lives. With the help of their families, counselors, probation officers, and others, these children leave us with a greater sense of self-efficacy and a more complete understanding of the impact their choices have on themselves and others.

### **Specific Goals for Participants**

All Midcourse Correction participants will...

### Develop

- analytical thinking and problem-solving skills.
- confidence through new experiences and accomplishments.
- strategies to recognize and curb negative attitudes and actions.
- strategies to seek support from family, teachers, counselors, coaches, and pastors.

### Analyze

- collaborative skills and coping strategies for facing adversity
- a variety of appropriate reactions to potentially challenging life experiences.
- personal strengths and encourage their emotional development.
- areas of personal, social, and spiritual growth.

### Challenge

- physical and mental abilities to build a strong work ethic.
- false perceptions of self, including low self-esteem and negative self-talk.

### **Program Includes**

- Two nights lodging
- 24-hour supervision by 2-3 Challenge Camp Drill Instructors
- 6 meals, starting with dinner on Friday through Sunday lunch
- Weekend evaluation sent to a referral source (parents or courts) within 5 days of camp's conclusion
- Graduation certificate upon passing program
- Parenting Session on Friday after Registration and Sunday at 1:00 p.m. before graduation

# **Program Cost and Requirements**

- The cost is \$495 per camper per weekend, and we require payment before reserving space.
- We accept cancellations on a case-by-case basis. We require 24-hour notice and will keep the \$100.00 registration fee. If your child does not show up for camp, and no notification was given, you will forfeit the entire camp fee.
- Complete the Registration Form online
- This program demands the full participation of all attending youth. Potential campers who may be physically impaired or limited because of casts, splints, stitches, etc. may be ineligible.

### **Camper Evaluation**

Instructors evaluate each participant upon exiting the program in the areas of Attitude, Cooperation, and Effort. The camper needs to score a 6.0 or higher on a scale of 1 to 10 to pass. Campers that score less than 6.0 are strongly encouraged to return to camp at the next available camp date. Campers who pass are eligible for the Honor Company program, which is crucial for their continued improvement after Challenge Camp.

# A Note to Parents

Please have your son or daughter at Howell Nature Center between 6:00 and 6:30 p.m. on Friday for registration. There is a parent orientation session from 6:45 p.m. to 7:15 p.m. following registration. Only parents or guardians are permitted to pick up their son or daughter Sunday, unless special arrangements have been made in advance in writing. At 1:00 p.m. on Sunday, the Parenting Session begins. Graduation is at 3:15 p.m.

# **Challenge Camp Weekend Packing Checklist**

- Sleeping bag or blanket(s)
- Pillow
- Four sets of clothes that can get dirty. Leggings, yoga pants, and tight or revealing clothing are not permitted. Please ensure clothing fits properly. Belts are not permitted.
- 3 pairs of sturdy shoes or boots. They will get wet and muddy.
- Sleepwear
- Toothbrush, toothpaste, soap, shampoo, towel, and deodorant

- Winter: coat, hat, gloves, winter boots
- Summer: poncho, compression shorts, sunscreen, bug spray
- Prescribed medications in original bottle. These items must be forfeited to the medical officer. Do not pack them in your child's bag.
- 1 empty trash bag to put all wet/dirty clothes into. If a trash bag is not provided, the child will place their wet/dirty clothing back into their luggage.

### PROHIBITED ITEMS

- Portable electronic devices, including cell phones
- Tobacco products, vapes, alcohol, and illegal substances
- Lighters, matches
- Makeup, belts
- Magazines, books
- Watches, jewelry, wallets
- Food, gum, candy, mints
- Weapons

All articles brought in will be searched thoroughly. If you have any questions about what to bring, please call the office.

### **Important**

Campers will be outside 85% of their waking hours. Be prepared for cold, rain, or heat. Pay attention to the weather! During winter months or for severe and inclement weather, many of our initiatives will be moved indoors.

# Directions Our Lady Of The Fields South East of Lansing:

# Our Lady Of The Fields 7000 McClements Rd Brighton, MI 48114

Once you enter the camp grounds, staff will direct you to where we will register your child and to assist you in any way. If you need assistance, contact us at (810) 227-0243.